

Dr. Peter D. Lichtenstein

Chiropractor • Acupuncturist • Chinese Herbalist
Certified Chiropractic Sports Practitioner

Curriculum Vitae

July 1993-Present *New Paltz Acupuncture and Chiropractic Center (owner) New Paltz, NY.*
Private practice offering services such as acupuncture, chiropractic, Chinese herbal medicine, nutritional counseling, chiropractic rehabilitation, and chiropractic sports medicine.

September 2006-Present *Northwestern Health Science University, Bloomington, MN*
Distance Learning Video Educator. Create a variety of distance learning lectures/products that are sold for continuing education credits. These courses are approved by the NCCAOM and the NBCE

September 2003-Present *Northwestern Health Science University, Bloomington, MN*
Associate Professor teaching a 105 hour course in acupuncture to chiropractors in Minnesota. The class consists of post graduate D.C.'s and senior students. The class consists of both theoretical and clinical portions.

November 1992- July 1993 *Hennepin Avenue Acupuncture and Chiropractic Clinic Minneapolis, MN.*
Co-founder of a multi practitioner clinic offering chiropractic, acupuncture, nutritional counseling, massage, chiropractic sports rehabilitation, and a variety of ancillary services. Specialized in acupuncture for fertility, gynecological issues, and pediatrics.

Consultation

Acupuncture Affidavit Preparation	The document that was used to increase Professional Acupuncture fees for the State of NY. After hearings there was an across the board increase in acupuncture fees payable by insurance companies by about 60%!	2007
Nat. Brd. Of Chiropractic Exam	Acupuncture Exam Preparation	2008-2009
Expert Witness	Various Acupuncture/Chiropractic Litigation	2007-2017
NYS Insurance Department	No Fault Insurance for Acupuncturists	2005
D & D Medical Assoc	Medical Examiner	2005 to Present
Metro-Medical Services	Independent Medical Examiner	2000 to Present
NHR Medical Services, P.C.	Independent Medical Examiner	2006 to Present
Home Mutual Insurance	Independent Medical Examiner	2006 to Present
Allegiance Health	Independent Medical Examiner	1997 to Present
Examworks Medical	Independent Medical Examiner	1997 to Present
Examiner	NCCAOM Diplomate Exam Point Location	1993-97
Examiner	Massachusetts State Acupuncture Exam	1997

Post Doctoral Studies/ Continuing Education

Chiropractic

1991	Cranlo-Sacral Therapy I –Upledger Institute	(32 CEU)
1991	Lumbo-Sacral Adjusting – Motion Palpation Institute	(16 CEU)
1992	Applied Kinesiology – Nutrition Dynamics	(8 CEU)
1994	Risk Management – NCMIC	(3 CEU)
1994	Neuromuscular Therapy – Parker College	(12 CEU)
1995	Chiropractic Risk Management NWCC	(3 CEU)
1995	Chiropractic Occupational Therapy – NWCC	(4 CEU)
1995	Back Talk – NWCC	(3 CEU)
1995	Grand Rounds NWCC	(3 CEU)
1995	Nutrition and Sports NWCC	(3 CEU)
1995	Radiology NWCC	(4 CEU)
1995	Professional boundaries	(3 CEU)
1995	Various Chiropractic Courses NWCC	(10 CEU)
1995	Clinical Nutrition – Alan Gaby	(12 CEU)
1995	HMO's and Managed Care	
1996	Certified Chiropractic Sports Physician Leading to an advanced CCSP certification. Completed in Jan. 1997. Sponsored by New York College of Chiropractic.	(120 hours)
1996	New York State Chiropractic Association	
1996	Courses in Spinal Rehabilitation	(6 CEU)
1966	Risk Management NYS Chiropractic Assoc. (NYSCA)	(3 CEU)
1996	How to Testify NYSCA	(4 CEU)
1996	Clinical Research Review NYSCA	(4 CEU)
1997	NWCC Various Chiropractic Seminars	(24 CEU)
1998	NWCC Various Chiropractic Seminars	(24 CEU)
2000	NWCC Various Chiropractic Seminars	(23 CEU)
2002	NWHSU Various Chiropractic Seminars	(22 CEU)
2002	NYSCA Planning Seminar	(12 CEU)
2003	NWHSU Various Chiropractic Seminars	(24 CEU)
2005	NWHSU Various Chiropractic Seminars	(24 CEU)
2006	NWHSU Various Chiropractic Seminars	(24 CEU)
2006	New Procedures in Back Surgery	(4 Hours)
2007	NWHSU Various Chiropractic Seminars	(24 CEU)
2008	NWHSU Various Chiropractic Seminars	(24 CEU)
2009	Minnesota Chiropractic Assoc Seminars	(16 CEU)
2010	NWHSU Various Chiropractic Seminars	(24 CEU)
2011	NWHSU Various Chiropractic Seminars	(24 CEU)
2012	NWHSU Various Chiropractic Seminars	(24 CEU)
2013	Back Surgery Failures (Jack Stern, M.D., Ph.D.)	(3 Hours)
2015	NWHSU Various Chiropractic Seminars	(24 CEU)
2017	NWHSU Various Chiropractic Seminars	(23 CEU)
1997- 2014	Observed 10+ Spinal Surgeries with Dr. Jack Stern MD, Ph.D.	

Post Doctoral Studies/ Continuing Education Acupuncture

1978-81	Shiatsu Training (Waturu Ohashi)	300 hrs.
1979	Advanced cupping (Waturu Ohashi)	(16 Hours)
1980	Electro Acupuncture (Milford Graves Ph.D.)	(8 Hours)
1980	Herbal Tonics for the Heart (Milford Graves Ph.D.)	(16 Hours)
1981	Acupuncture (Milford Graves Ph.D.)	(16 Hours)
1992	Pacific Acupuncture Symposium	(34 CEU)
1992	Ion Pumping Cords- Miki Shima	(16 CEU)
1992	Abdominal Diagnosis and Kampo (Miki Shima)	14 Hours
1993	Japanese Intradermal Needling Techniques-Steven Birch	
1993	Meridian Therapy – Japan Acu. Society (JAS) (Miki Shima)	(12 CEU)
1994	Ion Pumping Cord and Pachi-Pachi –Matsumoto	(12 CEU)
1995	Nagano Style Acupuncture – Matsumoto	(12 CEU)
1995	International Acupuncture and Chinese Herbal Medicine	
1995	Symposium – Pacific Institute Of Oriental Med	(34 CEU)
	Japanese Gynecology – Matsumoto	(12 CEU)
1996	Headache Therapy – SPAQ (Quebec Acu Society)	(8 CEU)
1997	Taoist Luo Vessel Technique Jeffrey Yuen	(12 CEU)
1997	Japanese Metal Water Techniques (Matsumoto)	(12 CEU)
1998	Laser Acupuncture for Stroke (Margret Nasar)	(16 CEU)
1998	Herbal Formulas for Endocrine Functioning	(8 CEU)
1999	Feng Shui	(24 Hours)
2000	Moxibustion, Cupping and Bleeding Techniques (Honora Wolfe)	(16 CEU)
2000	Pediatric Acupuncture (Julian Scott)	(16 CEU)
2000	Japanese (Kiiko Matsumoto) Style Acupuncture	
	10 months @ 12 hours per month (David Euler)	(120 CEU)
2001	Ming Men Gate of Life (Kiiko Matsumoto)	(14 CEU)
2001	Gastrointestinal Problems (Matsumoto)	(14 CEU)
2001	ASNY Northeast Symposium	(24 CEU)
2002	Deeper Pathways The Divergent Channels Miki Shima	(16 CEU)
2003	Dr. Tan Style of treating Lower Back Pain	(8 CEU)
2003	Stomach Qi (Kiiko Matsumoto)	(8 CEU)
2004	Cardiovascular Conditions (David Euler)	(12 CEU)
2006	Acupuncture for Eye Diseases (Grossman)	(6 CEU)
2006	Acupuncture for Cancer (Sloan Kettering Hospital)	(32 CEU)
2006	AAOM Symposium (Chicago)	(32 CEU)
2007	AAAOM Symposium (Portland, OR)	(24 CEU)
2008	AAAOM Symposium (Chicago, IL)	(24 CEU)
2009	Dr. Tung's Style Acupuncture	(18 CEU)
2010	Winter Acupuncture Symposium ASNY	(10 CEU)
2012	Great River Acupuncture Symposium (NWHSU)	(15 CEU)
2012	Miki Shima- Extraordinary Vessels	(8 CEU)
2013	Great River Acupuncture Symposium (NWHSU)	(15 CEU)
2013	Toaist Use of Extra Vessels (Jeffrey Yuen)	
2013	Whitfeld Reeves Musculoskeletal Treatments	(8 CEU)
2013	Auricular Acupuncture (Raphael Nogier, M.D.)	(24 CEU)
2013	Battlefield Acupuncture (John Howard, L.Ac)	(12 CEU)
2014	Advanced Battlefield Acupuncture with Dr. Niemtzw, M.D.	(12 CEU)
2014	Great River Acupuncture Symposium (NWHSU)	(24 CEU)
2015	Whitfeld Reeves Distance Learning (5 courses) Eastern Currents	(7 CEU)

2016	Great River Acupuncture Symposium (NWHSU)	(15 CEU)
2016	Dr. Tung Style Treatments (Susan Johnson, L.Ac.)	(3 CEU)
2016	Whitfeld Reeves Lower Extremity Treatments	(16 CEU)
2017	Great River Acupuncture Symposium (NWHSU)	(24 CEU)

Courses Given

2017	Beginning and Advanced Auricular Acupuncture 16 Hours (NCCAOM CE)
2017	Auricular Acupuncture for Brain Dysfunction 3 Hours (Great River Symposium)
2017	Using the Hauto JaiJi Points (Homecoming NWHSU 2017) 2.5 Hours
2003-2017	Associate Professor- Northwestern Health Science University – Post-Doctoral --105 hour acupuncture course with both theoretical and clinical competencies stressed. Designed to prepare post-doctoral DC's and advanced students for the State and National Acupuncture Board Tests.
2016	Beginning and Advanced Auricular Acupuncture 16 Hours (NCCAOM CE)
2016	Using the Hauto JaiJi Points (Great River Symposium) 2.5 Hours
2015	Fertility and the Yin Wei Mai (6 hours) (AAOMA)
2012	Catching Some Zzz's: Acupuncture and Insomnia (2 Hours)
2012	Japanese Acupuncture: History and Techniques (3 Hours)
2011	Acupuncture and the Treatment of Headaches & Stress (3 Hours)
2010	Acupuncture and Fertility in the Older Adult Part 3 (3 Hours)
2009	Acupuncture and Fertility in the Older Adult Part 2 (3 Hours)
2009	Advanced Auricular Acupuncture for Emotional Disorders (3 hours)
2008	Using Acupuncture to Treat the Immune System (2 Hours)
2008	An Introduction to Auricular Acupuncture (2 Hours)
2007	Using Basal Body Temperature to Help Understand Hormonal Balance and Obstacles to Pregnancy
2007	Using Acupuncture and Chinese Medicine to Treat Sciatica and Lower Back Pain (16 Hour Course)
2007	Acupuncture and the Treatment of Auto-immune Diseases
1996-2010	Preceptor for students in clinic rotations Specializing in back pain, and internal medicine
1993-1996	Basic Chinese Medicine
1993	Abdominal Diagnosis (Northern School of Chinese Medicine)
1993	Meridian Diagnosis (Northern School of Chinese Medicine)
1992	Acupuncture for Musculoskeletal Pain (NWCC)

Publishing/Media

2012	2 Hour DVD/Online Course	Catching Some Zzz's: Acupuncture & Insomnia
2012	2 Hour DVD/Online Course	Japanese Acupuncture: History and Techniques
2011	2 Hour DVD/Online Course	Acupuncture and the Treatment of Headaches & Stress
2010	2.5 Hour DVD/Online Course	Acupuncture and Fertility in the Older Adult Part 3
2009	2.5 Hour DVD/Online Course	Acupuncture and Fertility in the Older Adult Part 2
2009	2.5 Hour DVD/Online Course	Acupuncture and Fertility in the Older Adult Part 1
2008	2 Hour DVD/Online Course	An Introduction to Auricular Acupuncture
2007	2 Hour DVD/Online Course	Treating the Immune System with Acupuncture
2006	2 Hour DVD/Online Course	Treating Sciatica and Low Back Pain with Acupuncture

Education

BA	Alfred University (Fine Arts) Grad	1973
Elem. Edu.	Hunter College Elementary Education Certification	1974
Masters	NY Institute of Technology Communication Arts	
	24 Credits Completed	1976-1978

Certificate	Shiatsu Waturo Ohashi Advanced Certificate program	1978-1982
Pre Med.	Hunter College Pre-Med	1988-1989
DC	Northwestern College of Chiropractic	1992
Dipl. Ac.	Northern School of Chinese Medicine L.Ac	1992
CCSP	New York College of Chiropractic 120 hrs	1997
Certificate	Japanese Acupuncture Kiiko Style 120 Hours	2000

Certificates, Diplomats and Licenses

NYS Chiropractic	Lic. # X-007074-1
MN Chiropractic	Lic. #3054
Acupuncture Diplomate (until 2008)	921-0901-09 NCCAOM
Chiropractic Acupuncture Certification	NBCE
NYS Acupuncture	Lic. #000457
CCSP Certified Chiropractic Sports Physician	(NYCC) 1997

Associations

Offices Held

2006-2008	President , Acupuncture Society of New York
2005-2006	Vice President Acupuncture Society of New York
2002-2007	Member of the Board of Directors ASNY
1998-2001	Vice President NYSCA District 9
	Treasurer NYSCA District 9

Member	New York State Chiropractic Association (NYSCA) Acupuncture Society of NY (ASNY) AAAOM NYSCA District 9 Delegate to the House of Delegates (5 Years)
Editor	District 9 Monthly Newsletter (usually 8 pages including advertising and original articles) New Paltz Chamber of Commerce